



# Weekly Menu

TLC Living Community



	Sun 03-01-2026	Mon 03-02-2026	Tue 03-03-2026	Wed 03-04-2026	Thu 03-05-2026	Fri 03-06-2026	Sat 03-07-2026
B R E A K F A S T	Swedish Pancakes Egg of Choice Bacon Applesauce 100% Juice Toast of Choice	Ham and Cheese Omelet Egg of Choice Sausage Patty Hash Brown Patty Apricots 100% Juice Toast of Choice	Mixed Berry Vanilla Baked Oatmeal Egg of Choice Bacon Fruit Cup 100% Juice Toast of Choice	Buttermilk Pancakes Egg of Choice Sausage Patty Pears 100% Juice Toast of Choice	Sausage Country Gravy and Biscuits Egg of Choice Bacon Fruit Cup 100% Juice Toast of Choice	Garden Vegetable Omelet Egg of Choice Sausage Patty Hash Brown Patty Peaches 100% Juice Toast of Choice	Grilled Bacon Breakfast Sandwich <i>or</i> Cream of Wheat Egg of Choice Bacon Fruit Cocktail 100% Juice Toast of Choice
L U N C H	Beef and Noodles <i>or</i> Italian Sausage Pasta Fresh Pineapple Garden Green Salad French Bread Frosted Banana Bars	Beef Enchilada <i>or</i> Bacon Chicken Stuffing Casserole Grapes Fresh Cooked Carrots French Bread Cherry Chocolate Cake	Fish Fillet with Lemon Sauce <i>or</i> Swedish Meatballs Classic Mashed Potatoes Seasoned Broccoli Breadsticks Brown Sugar Peach Cake	White Wine and Mushroom Chicken <i>or</i> Ham with Apple Maple Sauce Homestyle Stuffing Creamed Spinach Hawaiian Roll Key Lime Pie	Cranberry Glazed Turkey Roast <i>or</i> Burgundy Pork Tenderloin Baked Potato Corn O'Brien French Bread Oreo Delight	Beef and Broccoli over Rice <i>or</i> Garlic Butter Shrimp Scampi Fresh Pineapple Garden Green Salad Hawaiian Roll Pumpkin Squares	Apple Cider Pork Chops <i>or</i> Swiss Steak Classic Mashed Potatoes Green Beans Breadsticks Chocolate Chip Cake
D I N N E R	Broccoli Cheese Soup Corned Beef and Swiss on Rye Three Bean Salad Chocolate Ice Cream	BBQ Pulled Pork Slider Mandarin Oranges Corn Chowder Assorted Desserts	French Onion Soup Hot Roast Beef and Cheddar Sandwich Baked Beans Sautéed Mushrooms Cookies and Cream Ice Cream	Beef Barley Soup German Sausage on Bun Apple Slices Sauerkraut Cookie	Potato Soup Hot Meatloaf Sandwich Harvard Beets Sherbet	Creamy Tomato Basil Soup Chicken Melt <i>or</i> Tuna Melt on Rye Celery Sticks with Peanut Butter Hot Fudge Sundae	Loosemeat Cheesesteak Chips Vegetable Medley Soup Assorted Desserts
Milk offered at every meal							Week 1

Dietitian's Signature: *Diana Jagu* 1-23-2026  
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