



# Weekly Menu

TLC Living Community



	Sun 04-12-2026	Mon 04-13-2026	Tue 04-14-2026	Wed 04-15-2026	Thu 04-16-2026	Fri 04-17-2026	Sat 04-18-2026
B R E A K F A S T	Swedish Pancakes Egg of Choice Bacon Fresh Pineapple 100% Juice Toast of Choice	Cheesesteak Omelet Egg of Choice Sausage Patty Hash Brown Patty Fruit Cup 100% Juice Toast of Choice	Peaches and Cream Baked Oatmeal Egg of Choice Bacon Pears 100% Juice Toast of Choice	Mixed Berry French Toast Egg of Choice Sausage Patty Fruit Cup 100% Juice Toast of Choice	English Muffin Breakfast Sandwich Egg of Choice Sausage Patty Apricots 100% Juice Toast of Choice	Garden Vegetable Omelet Egg of Choice Bacon Hash Brown Patty Fruit Cup 100% Juice Toast of Choice	Country Gravy and Biscuits <i>or</i> Cream of Wheat Egg of Choice Bacon Peaches 100% Juice Toast of Choice
L U N C H	Pot Roast with Gravy <i>or</i> Garlic Parmesan Chicken Parsley Potatoes Peas and Carrots French Bread Oatmeal Cake	Cowboy Meatloaf Casserole <i>or</i> Scalloped Ham and Potatoes Grapes Sauteed Zucchini Hawaiian Roll Chocolate Cream Pie	Teriyaki Chicken Rice Bowl <i>or</i> Bacon Macaroni and Cheese Mandarin Oranges Green Salad Hawaiian Roll Apple Cake	Savory Turkey Roast and Gravy <i>or</i> Glazed Ham with Pineapple Roasted Sweet Potatoes Cauliflower with Hollandaise Sauce French Bread Banana Pudding Cake	Pork Roast and Mushroom Gravy <i>or</i> Parmesan Herb Crusted Haddock Classic Mashed Potatoes Mixed Vegetables Hawaiian Roll Fresh Coconut Cream Pie	Fried Shrimp with Cocktail Sauce <i>or</i> Hamburger Steak and Onions Baked Potato Broccoli with Cheese Sauce French Bread Cinnamon Roll Cake	Spaghetti and Meatballs <i>or</i> Pork Alfredo Fruit Cup Garden Green Salad Breadsticks Cherry Pie
D I N N E R	Meat Chili Grilled Turkey Club Sandwich Confetti Coleslaw Butter Pecan Ice Cream	Reuben Sandwich Chips Homestyle Beef Vegetable Soup Cranberry Jello	Baked Potato Soup Hot Roast Beef Sliders Sauteed Mushrooms Assorted Desserts	Chicken Noodle Soup Italian Sausage Poor Boy Ranch Roasted Potatoes Sauteed Peppers and Onions Chocolate Ice Cream	French Onion Soup BBQ Beef Sandwich German Green Beans (Speckbohlen) Cookie	Ham Bunwich Fried Potatoes and Onions Vegetable Barley Soup Assorted Desserts	Heartland Bean Medley Soup Chicken Tenders Grapes Vegetables with Ranch Dip Vanilla Ice Cream
Milk offered at every meal							Week 1

Dietitian's Signature: *Aisa Natch*  
4-1-26 # 997564