



Weekly Menu

TLC Living Community



	Sun 08-30-2026	Mon 08-31-2026	Tue 09-01-2026	Wed 09-02-2026	Thu 09-03-2026	Fri 09-04-2026	Sat 09-05-2026
B R E A K F A S T	Swedish Pancakes Egg of Choice Bacon Fresh Pineapple Assorted Juices Toast of Choice	Cheesesteak Omelet Egg of Choice Sausage Patty Hash Brown Patty Fruit Cup Assorted Juices Toast of Choice	Peaches and Cream Baked Oatmeal Egg of Choice Bacon Pears Assorted Juices Toast of Choice	Mixed Berry French Toast Egg of Choice Sausage Patty Fruit Cup Assorted Juices Toast of Choice	English Muffin Breakfast Sandwich Egg of Choice Sausage Patty Apricots Assorted Juices Toast of Choice	Garden Vegetable Omelet Egg of Choice Bacon Hash Brown Patty Fruit Cup Assorted Juices Toast of Choice	Country Gravy and Biscuits <i>or</i> Cream of Wheat Egg of Choice Bacon Peaches Assorted Juices Toast of Choice
L U N C H	Pot Roast with Gravy <i>or</i> Garlic Parmesan Chicken Buttered Noodles Peas and Carrots French Bread Lemon Cream Cake	Cowboy Meatloaf Casserole <i>or</i> Scalloped Ham and Potatoes Grapes Sautéed Zucchini Buttermilk Biscuits Chocolate Cream Pie	Teriyaki Chicken Rice Bowl <i>or</i> Bacon Macaroni and Cheese Mandarin Oranges Green Salad Hawaiian Roll Banana Pudding Cake	Savory Turkey Roast and Gravy <i>or</i> Ham with Apple Maple Sauce Baked Sweet Potato Cauliflower with Hollandaise Sauce Cornbread Muffin Cherry Pie	Roasted Pork Loin with Pan Gravy <i>or</i> Parmesan Herb Crusted Haddock Classic Mashed Potatoes Mixed Vegetables Hawaiian Roll Oatmeal Cake	Fried Shrimp with Cocktail Sauce <i>or</i> Hamburger Steak and Onions Baked Potato Broccoli with Cheese Sauce French Bread Cinnamon Roll Cake	Spaghetti and Meatballs <i>or</i> Pork Alfredo Fruit Cup Garden Green Salad Breadsticks Fresh Coconut Cream Pie
D I N N E R	Meat Chili Grilled Turkey Club Sandwich Cucumber Onion Salad Butter Pecan Ice Cream	Heartland Bean Medley Soup Chicken Tenders Vegetables with Ranch Dip Strawberry Jello	Baked Potato Soup Italian Sausage Poor Boy Applesauce Sautéed Peppers and Onions Assorted Desserts	French Onion Soup Hot Roast Beef Sliders French Fries Marinated Tomatoes Chocolate Ice Cream	Chicken Noodle Soup BBQ Beef Sandwich German Green Beans (Speckbohnenn) Cookie	Ham Bunwich Fried Potatoes and Onions Homestyle Beef Vegetable Soup Assorted Desserts	Reuben Sandwich Chips Minestrone Soup Vanilla Ice Cream
Milk offered at every meal							Week 1

Dietitian's Signature:

Gia Walsh
4-1-26 # 997564