Weekly Menu

TLC Living Community



	Sun 11-15-2026	Mon 11-16-2026	Tue 11-17-2026	Wed 11-18-2026	Thu 11-19-2026	Fri 11-20-2026	Sat 11-21-2026
BREAKFAST	Swedish Pancakes Egg of Choice Sausage Patty Fruit Cup Assorted Juices Toast of Choice	Chef's Choice Omelet Egg of Choice Bacon Hash Brown Patty Fresh Pineapple Assorted Juices Toast of Choice	Maple Oatmeal Egg of Choice Sausage Patty Fruit Cup Assorted Juices Toast of Choice	German Apple Pancakes Egg of Choice Bacon Grapes Assorted Juices Toast of Choice	Skillet Eggs with Hash Browns Egg of Choice Sausage Patty Fruit Cup Assorted Juices Toast of Choice	Garden Vegetable Omelet Egg of Choice Bacon Hash Brown Patty Apricots Assorted Juices Toast of Choice	Egg and Ham Scramble *or* Cream of Wheat Egg of Choice Sausage Patty Pears Assorted Juices Toast of Choice
LUNCH	Hot Beef Sandwich *or* Ham and Gravy Classic Mashed Potatoes Wax Beans Peaches and Cream Cake	Beef Goulash *or* Chicken Cobbler Grapes Garden Green Salad Hawaiian Roll Strawberry Shortcake	Pork Chops and Kraut *or* Swiss Chicken Homestyle Stuffing Yellow Squash Buttermilk Biscuits Cherry Chocolate Cake	Open Face Turkey Sandwich with Gravy *or* Classic Stuffed Peppers Classic Mashed Potatoes Corn Whipped Berry Pie	Pork Tenderloin with Bearnaise Sauce *or* Meatloaf with Caramelized Onion Gravy Baked Potato Green Beans Hawaiian Roll Frosted Banana Bars	Shrimp Scampi *or* Beef Tips in Gravy Noodles Mandarin Oranges Broccoli Carrot Pepper Saute Breadsticks Chocolate Crunch Pie	Teriyaki Chicken Rice Bowl *or* Shepherd's Pie with Gravy Fresh Pineapple Garden Green Salad Breadsticks Apple Pie
DINNER	Turkey Carver Sandwich Homestyle Country Potatoes Butternut Squash Soup Assorted Desserts	Crispy Fish Burger Potato Wedges Cauliflower and Cheese Soup Cookies and Cream Ice Cream	Corn Chowder Beef Taco Three Bean Salad Tortilla Chips and Salsa Assorted Desserts	Ham Salad Sandwich Tater Tots Vegetable Macaroni Soup Chocolate Ice Cream	Pepperoni Pizza Fruit Cocktail Celery Sticks Assorted Desserts	Beef Barley Soup Chicken Ranch BBQ Sandwich Sweet Onion Coleslaw Sherbet	Roast Beef Wrap Chips Homestyle Bean Bacon Soup Soft Snickerdoodle
	Milk offered at every meal						Week 1

Dietitian's Signature: Lisa Nagh 9-1-26 #997564