



Weekly Menu

TLC Living Community



	Sun 07-12-2026	Mon 07-13-2026	Tue 07-14-2026	Wed 07-15-2026	Thu 07-16-2026	Fri 07-17-2026	Sat 07-18-2026
B R E A K F A S T	Swedish Pancakes Egg of Choice Sausage Patty Fruit Cup Assorted Juices Toast of Choice	Sausage and Cheese Omelet Egg of Choice Bacon Hash Brown Patty Peaches Assorted Juices Toast of Choice	Baked Oatmeal with Cinnamon Apples Egg of Choice Sausage Patty Fruit Cup Assorted Juices Toast of Choice	Fruit Topped Pancakes Egg of Choice Bacon Grapes Assorted Juices Toast of Choice	Bacon and Egg Biscuit Egg of Choice Sausage Patty Fruit Cup Assorted Juices Toast of Choice	Garden Vegetable Omelet Egg of Choice Bacon Hash Brown Patty Fresh Pineapple Assorted Juices Toast of Choice	Eggs Benedict <i>or</i> Cream of Wheat Egg of Choice Sausage Patty Fruit Cup Assorted Juices Toast of Choice
L U N C H	Shepherd's Pie with Gravy <i>or</i> Creamy Chicken Enchiladas Pears Green Salad French Bread Pina Colada Cream Pie	Pork Chops with Country Gravy <i>or</i> Baked Chicken Quarter Cornbread Dressing Glazed Butternut Squash Hawaiian Roll Apple Cake	Turkey with Mushroom Sauce <i>or</i> Creamed Chipped Ham and Toast Classic Mashed Potatoes Braised Carrots and Celery Cheesecake	Porcupine Meatballs <i>or</i> Apricot Brown Sugar Ham Baked Potato Wax Beans Breadsticks Tres Leches Cake	Chicken Cordon Bleu <i>or</i> Braised Chuck Roast with Brown Gravy AuGratin Potatoes Roasted Brussels Sprouts Hawaiian Roll Chocolate Cake	Breaded Fish Fillet <i>or</i> Pork Egg Roll with Sweet and Sour Sauce Fried Rice Oven Roasted Broccoli Hawaiian Roll Lemon Pudding Cake	Chicken with Creamy Gravy <i>or</i> Salisbury Steak Homestyle Country Potatoes Corn French Bread Caramel Cake
D I N N E R	Tuna Melt Chips Homestyle Beef Vegetable Soup Assorted Desserts	New England Clam Chowder Tavern Sandwich Three Bean Salad Cookie	Bratwurst on a Bun Macaroni Salad Vegetable Medley Soup Chocolate Pudding	Bean and Bacon Soup Chicken Salad Sandwich Celery Sticks with Peanut Butter Butter Pecan Ice Cream	Beef Minestrone Soup Grilled Turkey Cheddar Sandwich Dill Cucumbers Orange Pineapple Jello	French Onion Soup Sloppy Joes Potato Wedges Pickle Chips Strawberry Sundae	Chicken Noodle Soup Italian Shredded Beef on a Bun Baked Beans Vegetables with Ranch Dip Cookies and Cream Ice Cream

Milk offered at every meal

Week 4

Dietitian's Signature:

Gia Walsh
4-1-26 # 997564